

Ashtanga Primary Series Practice At KIRA'S OASIS

The Primary Series of Ashtanga Yoga consists of a set sequence of approximately 75 poses. It is an athletic, vigorous and fast-paced practice intended to build strength, flexibility and stamina. Because of the intensity and quick pace, 'some' yoga experience is required.

www.KirasOasis.com (937) 620-1678

590 Congress Park Drive, Centerville, OH 45459

Sunday, July 25th, 2010

Sunday, August 22nd, 2010

Only \$10.00 per person

Please specify date attending!

Time: 9:00am - 11:00...ish

Studio entrance is the back door of the building!!!

**Make Check Payable to: Kira's Oasis or pay w/Credit Card and Mail to:
Kira's Oasis, 590 Congress Park Drive, Centerville, OH 45459**

Paying by Credit Card, please fill out this section completely:

_____ Exp Date: _____
Credit Card Account Number

Signature: _____ Date: _____

The issuer of the card identified on this item is authorized to pay the amount shown as Total upon proper presentation. I promise to pay such Total together with any other charges due thereon, subject to and in accordance with the agreement governing the use of such card.

____ VISA ____ MasterCard ____ Discover ____ Amex **3 or 4 digit code on back of card: _____

____ of Workshop Participants being paid for with this form. \$10 each. DATE(s) ATTENDING: ____ Jul 25th, 2010
____ Aug 22nd, 2010

TOTAL COST BEING PAID FOR WITH THIS FORM: \$ _____

NAME ON CREDIT CARD: _____

Please Print

ADDRESS: _____

CITY, STATE, ZIP: _____

PHONE: _____ EMAIL: _____