

# Ashtanga Primary Series Practice At KIRA'S OASIS

The Primary Series of Ashtanga Yoga consists of a set sequence of approximately 75 poses. It is an athletic, vigorous and fast-paced practice intended to build strength, flexibility and stamina. Because of the intensity and quick pace, 'some' yoga experience is required.

www.KirasOasis.com (937) 620-1678

590 Congress Park Drive, Centerville, OH 45459

Sunday, February 28th, 2010

Sunday, March 28th, 2010

Only \$10.00 per person

Please specify date attending!

Time: 9:00am ~ 11:00...ish

Studio entrance is the back door of the building!!!

**Make Check Payable to: Kira's Oasis or pay w/Credit Card and Mail to:  
Kira's Oasis, 590 Congress Park Drive, Centerville, OH 45459**

Paying by Credit Card, please fill out this section completely:

\_\_\_\_\_ Exp Date: \_\_\_\_\_  
Credit Card Account Number

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

The issuer of the card identified on this item is authorized to pay the amount shown as Total upon proper presentation. I promise to pay such Total together with any other charges due thereon, subject to and in accordance with the agreement governing the use of such card.

\_\_\_\_\_ VISA \_\_\_\_\_ MasterCard \_\_\_\_\_ Discover \_\_\_\_\_ Amex \*\*3 or 4 digit code on back of card: \_\_\_\_\_

# \_\_\_\_\_ of Workshop Participants being paid for with this form. \$10 each. DATE(s) ATTENDING: \_\_\_\_\_ Feb 28th, 2010  
\_\_\_\_\_ Mar 28th, 2010  
\_\_\_\_\_

TOTAL COST BEING PAID FOR WITH THIS FORM: \$ \_\_\_\_\_

NAME ON CREDIT CARD: \_\_\_\_\_

Please Print

ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_