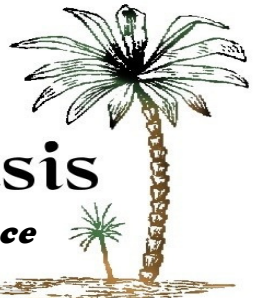


**Do something JUST
for "YOU", Today!!**



Kira's Oasis

**Fitness & Dance
Studio**

590 Congress Park Drive, Centerville, OH 45459

(937) 620-1678 www.KirasOasis.com



ZUMBA FITNESS



ZUMBA® FITNESS

**MONDAY Evenings:
5:15 - 6:15 PM TONE**

**TUES & THURS Evenings:
6:15 - 7:15 PM**

**SATURDAY Mornings:
10:00 - 11:00 AM**

\$6 per class drop in any time

Detailed Zumba® Class Info:

www.KirasOasis.com/classes/zumbaclasses.html

DANCE NIGHTS Open To All:

Belly Dance Night:

2nd Friday of EVERY Month

7:30 - 11:30 PM \$5 door cover most nights

*** = \$10 Special Guest Star nights**

Open Dancing w/Belly Dance Show.

**All Belly Dance music, drumming, dancing
enthusiasts are welcome. This is a GREAT party!**

**2011 Dates: 1/14, 2/11, 3/11, 4/8, 5/13,
6/10, 7/8, *8/12, *9/9, 10/14, 11/11, 12/9.**

YOGA CLASSES:

Tuesday & Thursday

6:00 - 7:00 AM

Punch Card: 8 classes for \$40

& \$7 drop-in

**More info about Yoga classes and
workshops can be found by visiting**

www.KirasOasis.com



YOGA

**Becoming a MEMBER of Kira's Oasis
is FREE but *required upon 1st time entry
to classes or events.**

www.KirasOasis.com

BELLY DANCE

For Fun & Fitness:

MONDAY Evenings:

**6:30 - 7:30pm Beginner core
basics/strong technique**

7:30 - 8:30pm Belly BLAST!

A Belly Dance focused workout!

Belly Dance

TUESDAY Evenings:

7:30 - 8:30pm Beginner w/Bronwen

WEDNESDAY Evenings:

**6:15 - 7:15pm Intermediate. Beginners are welcome
and in for a challenge.**

SUNDAY Evenings:

Tribal/ATS Style Belly Dance

6:15 - 7:15pm

Belly Dance Punch Card: 6 Classes for \$54, 12 for \$102

*** Drop-In and give it a "try" any time for only \$10 !!**

**The oldest 'Dance' form known to man, Belly Dance is
an incredibly fun, unique and exciting way to add fitness,
grace, strength, balance and personal growth to your life!**



POLE FITNESS

**These classes are for the "Everyday" woman
who wants to do something unique and
challenging Just For HERSELF!**

THURSDAY Evenings:

7:30 - 8:30pm Beginner 1 Pole

8:30 - 9:30pm Int/Adv Pole

SUNDAY Afternoons:

1:30 - 2:30pm Beginner Pole



**Pole Session Price: 6 classes for \$100 Register On-Line 24/7 for
the session or drop in and try the FIRST class of any session for \$20.**

**Kira's Oasis offers a variety of Belly Dance Workshops/Shows, Zumba, Fundraisers, Specialty Dance Workshops
for all dance forms, and Fitness classes, Ladies Nights, Wellness/Spa Nights, Burlesque, Band/Dance Nights and
so much more. Sign up for our email Newsletter on line, 'Friend' us on FaceBook, MeetUp.com and check the
Oasis website and calendar out frequently for all the great opportunities for dance, fitness education and fun!**